

A woman with blonde hair, wearing a black face mask and white gloves, is performing a procedure on a man's face. The man is lying down with his eyes closed. The woman is wearing a black headband and a black top. The background is a plain, light-colored wall.

INTERFACE
AESTHETICS

**GETTING STARTED
IN FACIAL
AESTHETICS**
A GUIDE FOR
DOCTORS

INTERFACE
AESTHETICS

interfaceaesthetics.co.uk

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The ability to forge your own career path on your terms

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Dr James Olding
Director

Facial aesthetics is an innovative, exciting and rapidly growing area of clinical practice. The potential to positively impact the lives of patients in a specific and important way – improving self-esteem and addressing age-related concerns – makes this field especially rewarding as a healthcare professional. The industry is full of healthcare professionals with diverse stories of training and practice, and this is part of the beauty of working in facial aesthetics – the ability to forge your own career path on your terms. I am Specialist Registrar in Maxillofacial Surgery in the NHS, and I am also a cosmetic injector with a large patient base built up over recent years. I have colleagues with similar dual careers, and I also have countless others who have decided to move full-time into aesthetics; often a result of enjoying the clinical work and finding great professional and financial success in the area. The future of this industry is bright, and increased demand across demographic groups coupled with tighter regulation that favours safe, healthcare-delivered treatments, mean that doctors are perfectly placed to explore, enter and advance in this fascinating speciality.

PART 1

AN OVERVIEW OF FACIAL AESTHETICS

What is Facial Aesthetics?

Facial Aesthetics is a broad definition that includes all types of non-surgical cosmetic treatments which aim to reduce the signs of ageing and give a natural and fresh look to the face. They are a great alternative to invasive surgical treatments providing results with very little to no downtime and often at a fraction of the cost. Non-surgical aesthetics is a multi-billion pound industry which continues to grow at pace, and registered healthcare professionals are placed to benefit from imminent tightening of regulation in the UK.

Whilst medical-grade skincare, acid peels, lasers and radiofrequency are also popular and highly-effective facial aesthetics procedures, clinically-safe injectables are the treatments that provide the most dramatic results, often with immediate or very rapid results. Aesthetic practitioners must possess a mix of dexterity, analytical skills, and artistic flair. Whether it is learning how to administer Botox® safely and effectively, or to provide dermal filler treatments which subtly rejuvenate and volumize an ageing face.




Intrinsic and Extrinsic Skin Ageing

Ageing is a normal and ubiquitous process. Signs of ageing are often most visible on the skin, and these may include wrinkles and sagging. We have previously discussed ageing in reference to the tissue involved (bone, fat, skin) and the processes in each of these (eg: volume loss). We will now pay closer attention to the ageing process and skin.

Signs of ageing in the skin include:

- Skin looks thinner and paler, and translucent (thickening of stratum corneum, reduction of dermal collagen reduction in hyaluronic acid, reduced number of melanocytes)¹¹
- Skin becomes pigmented with spots (liver spots/ lentigo, especially in sun-exposed areas)
- Reduced skin strength and elasticity
- Haemangiomas and purpura (fragile blood vessels and vasodilation in dermis)
- Dry and itchy skin (reduced sebaceous gland activity)
- Increased skin fragility (thinning of subcutaneous layer/fat)
- Formation of static rhytides

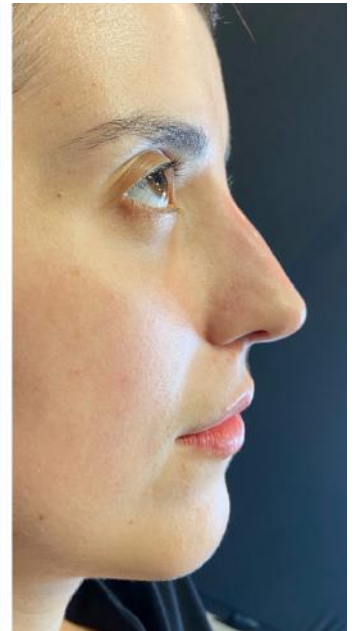
The **Glogau Scale** is a visual analogue scale used to assess photoageing.

Group	Age	Skin Characteristics				
Type 1 Early Wrinklers	20s - 30s	Early photo-aging, mild pigment changes, minimal wrinkles, no 'age spots'				
Type 2 Wrinkle in Motion	30s - 40s	Early to moderate photo-aging; appearance of smile lines; early brown 'age spots'; skin pores more prominent; early changes in skin texture				
Type 3 Wrinkles at Rest	50s & older	Advanced photo-aging; prominent brown pigmentation; visible brown 'age spots'; prominent small blood vessels; wrinkles even at rest				
Type 4 Only Wrinkles	60s or 70s	Severe photo-ageing, yellow-grey skin colour; prior skin cancers; pre-cancerous skin changes actinic keratosis; wrinkles everywhere	Type 1	Type 2	Type 3	Type 4



What are the types of
cosmetic injectables and
how do they help
in ageing?

- **Botulinum toxin (Botox®):** Certainly, the most widely-known type of facial aesthetics treatment, Botox® is a purified form of the botulinum toxin that is obtained from bacteria. It works by blocking nerve signals in the muscles where they are injected. By selectively paralysing facial muscles, it can smooth out wrinkles and give the patient a well-rested, fresh appearance.
- **Dermal fillers:** These are substances designed to be injected beneath the surface of the skin to add volume and fullness. There are different types of substances used but by far the most popular is hyaluronic acid.
- **Biostimulators** and others: colloquially known as skin boosters, these popular treatments stimulate the body's own production of collagen and elastin in the medium to long term, and are used to treat skin issues such as laxity and fine lines.



Above left: Full facial harmonisation
 Above right: Non-surgical rhinoplasty
 Right: Lip augmentation



Types of Procedures

Deciding how to treat a patient with a specific concern is one of the most important skills in medical aesthetics. This depends on knowledge of the products available, an in-depth understanding of facial anatomy and the ageing process, as well as a degree of artistic flair. The most requested procedures (eg: lip filler) are taught on a Foundation Course in Botox® & Dermal Filler; the entry level course for healthcare professionals.

As you progress as a practitioner, you can offer your patients a broad array of advanced treatments for the upper, mid- and lower face, as well for functional concerns including non-facial areas (eg: under arm Botox® for sweating). Integration of the two key modalities of toxin and dermal filler will be central to progression in your career in aesthetics. At an advanced level, practitioner will also be able to understand the best indications for the use of cannulas. Developing your 'eye' for aesthetics takes time, and at the most basic level advanced facial analysis is central to providing a holistic approach in facial harmonisation.

PART 2

BECOMING AN AESTHETIC DOCTOR

Who can currently
be an injector?

Put simply, legally anyone can train and practice in Aesthetics. However, in terms best practice guidance – as published by Health Education England – there is a list of healthcare practitioners who should be permitted to perform aesthetics, which includes: doctors, dentists, nurses & midwives.

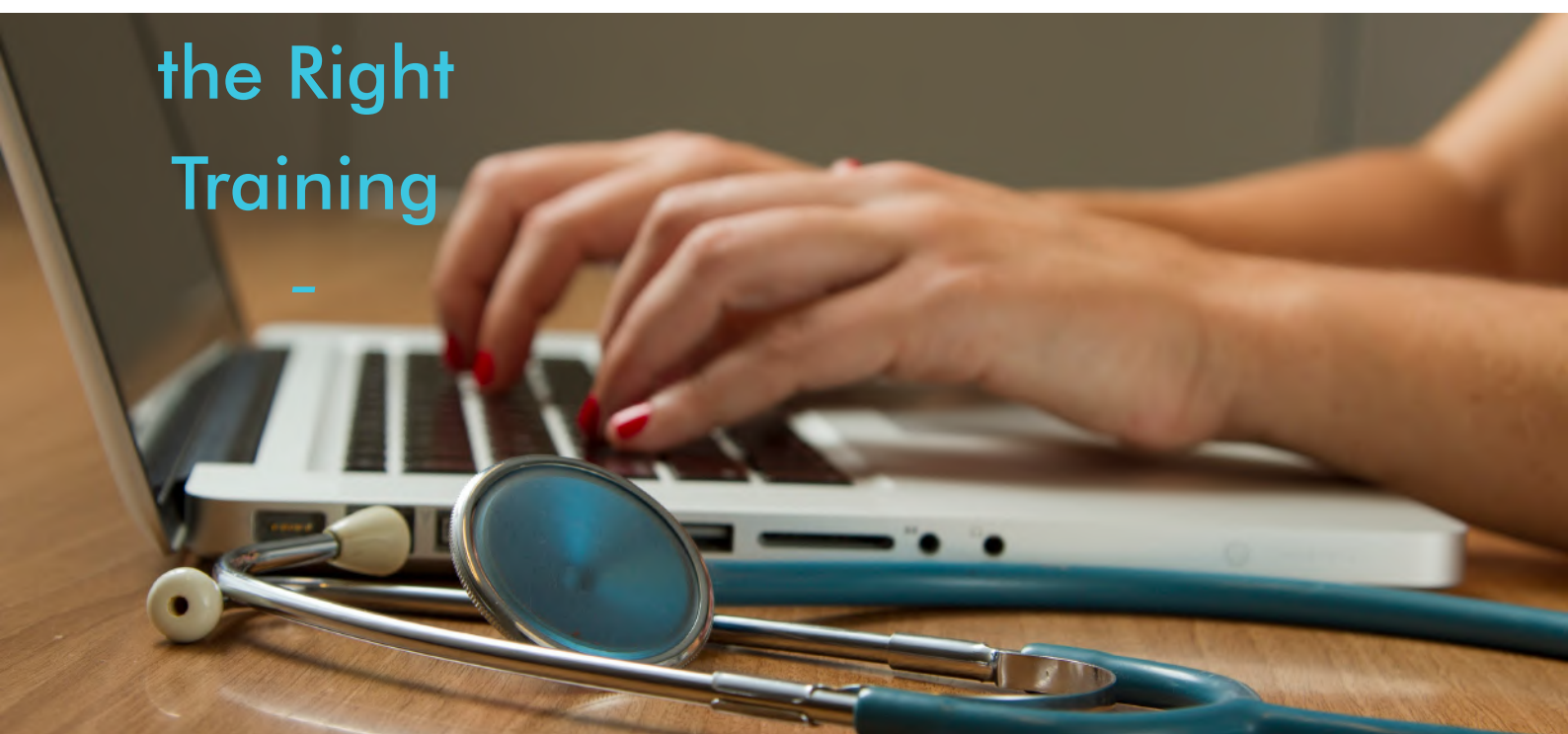
Interface Aesthetics we are leading campaigners for an industry that is safer for patients and fairer for practitioners. For that reason, we exclusively train registered Doctors, Dentists and Nurses as we believe these professionals are best equipped with the anatomical knowledge needed to perform the procedures as well as to best recognise and deal with complications.

How do I become
a practitioner?

First and foremost: the Right Training

First and foremost: the Right Training.

Your training should equip you with the knowledge and skills to achieve confidence and competence in this exciting and dynamic field. You should have a high level of hands-on experience supervised by a very experienced and qualified trainer. Training courses in Botox® and dermal fillers can vary widely in their content, detail and delivery, so it is extremely important for you to do your due diligence before choosing a trainer provider.



COMMON PITFALLS

- Not starting injecting straight after your course
- Poor training
- Not taking an accredited course
- Lack of a support network or mentor
- Not updating your skills

The Importance of Due Diligence:

A few questions to ask when choosing a trainer provider

Who are the trainers?

The trainers should be well-experienced and fully qualified, registered healthcare professionals.

Does the academy use live models or mannequins?

Dolls and people are not equal, so make sure that the academy offers real model patients.

What is the level of hands-on training they offer?

A One-Day Course with half-day practical experience won't give you the confidence you need to start independently. When it comes to hands-on injecting and patient cases, the more, is definitely the merrier!

Is the academy fully accredited?

Not all academies have the same level of accreditation and recognition. You should go for a provider who offers the Level 7 Diploma, as they will have to adhere to robust guidelines with a high level of external quality assurance.

Do they have good reviews?

Can they demonstrate a proven track of trainees going into independent practice? Check their social media, their reviews on Google or Trustpilot. Why not reach out to a past delegate? They will be able to provide the best feedback!

Do they offer ongoing support?

As you go into your private practice, it is important to have the support of mentors or a group of peers during your first steps





BENEFITS

- Autonomy and flexibility; as an aesthetic doctor, you can choose your schedule and work pattern
- Potential for a lucrative career; as the industry continues to grow, the financial prospects for aesthetic doctors are enormous
- An extra source of income for junior doctors
- New skills; the industry is ever-evolving and will offer the potential to add new skills to your repertoire
- Can be an adjunct to medicine or a new full-time role
- Patient satisfaction – doctors can build lasting relationships with patients who come back regularly for treatments
- Potential to positively impact this new industry (patient safety, research, clinical governance)



PART 3

FROM MEDICINE TO FACIAL AESTHETICS

Why should doctors consider upskilling in Facial Aesthetics?

As the aesthetics industry continues to grow, demand for non-surgical aesthetic treatments has risen year on year, with a wider acceptance of such treatments by all demographic groups in society. Practising facial aesthetics requires a mix of dexterity, analytical skills and artistic flair. The rigorous training that doctors undergo means that they are well placed to move into aesthetic practice, where there is a heavy emphasis on facial anatomy, excellent communication and consultation skills. Specific challenges for doctors include the move to outside of the NHS and into the private sector, business set up and running, and marketing. The temptation may be to follow the market practices of non-healthcare practitioners, as well as unregistered healthcare practitioners. Ensuring that you continue to practise in aesthetics in a way that

is adherent to continued registration with the GMC and your duty of care to patients is key, especially in an environment that is headed inexorably towards greater regulation.

Either as a career change or as a skill diversification, doctors are well equipped to move into the area of non-surgical aesthetics, with excellent professional and financial opportunities in what is a growing market in the UK.



PART 4

SUCCESS STORIES



Dr Davina Wilson
GP and Cosmetic Doctor

I am the clinic owner and director of Look Lovely London, a busy clinic employing nine staff members offering an array of skin treatments. The clinic is based in the beautiful area of St John's wood. I am also a practising GP working for different NHS practices. I did two degrees, a politics degree and then went into medicine as I always had a love of skincare and understood challenging skin conditions suffering from acne and pigmentation myself. I have my diploma in dermatology and decided to set up Look Lovely London 12 years ago after gaining my GP registration. The business has grown from strength to strength and now has a patient base of around 3500. I'm a member of Safe Face and fully registered with the GMC, which is essential for doctor regulation.

Going into medical aesthetics has given my working schedule some great variation, and I enjoy meeting patients from all walks of life. I found working for the NHS five days a week quite draining and challenging. When I finished my Foundation years in the hospital, I wanted to keep my options open and completed my beginners and advanced injecting courses on Harley street. I initially thought that this would be a simple supplementing of my income on the side to my main GP job; however, it soon became increasingly clear that it was a growing business, and I started to split my time between my GP role and a rapidly expanding company.

In addition, my mother always had fantastic skin over the years, but she wanted me to help improve it and offer anti-ageing treatments that could help combat

ageing, so this was another push to go to aesthetics. I now love offering skin treatments, particularly for more mature skin, as well as offering treatments for acne, pigmentation, and dermatitis.

I continue working 4 to 5 days a month as a GP to ensure that my medical doctoring skills remain relevant and up-to-date, and I spend the rest of my time growing the business. I have recently bought the top floor of the clinic building to convert into a further three treatment rooms.

What were the two biggest challenges you had to overcome?

In a busy growing business, you always need good staff members to support you. A big challenge has been finding excellent doctors, nurses and dentists to join me on the journey and brilliant administrative staff to support the team and patients. Luckily over the last 5 or 6 years, I met a fantastic nurse working in general practice who was keen to join the team. She went through rigorous training with me and now takes on an active and full list within the clinic. I also met a brilliant dentist who I trained at Interface on the advanced course, and he has recently joined us and has been a real hit with all the patients and a great new addition to the team. I have another excellent GP who also does injectables at the clinic who was a friend, first knowing her for 12 years, and now a colleague. And finally, I have a lovely administrative team who were sourced on Indeed.com, that makes the clinic run smoothly.



There have also been staff that have been a challenge and have not fitted in with the clinic's ethos and values, which has affected business over time. I have now set up a strict interviewing process to ensure that members of staff that do join me are not only brilliant with patients and safe but fully trained and have the experience to help me with the expanding company. The second challenge is managing patients' expectations of what can be achieved with injectables and skin treatments. Patient selection is crucial, and carrying out screening questionnaires to ensure that patients who have body dysmorphia or are embarking on treatments for the wrong reasons are gently selected out and not offered treatments. The art of saying 'No' to patients if treatments don't feel right has taken quite a few years to master. It is important never to oversell or persuade patients to have treatments. Offering honest and transparent advice about what is achievable is paramount.

One thing you wished you knew when you first started?

The amount of hard work it takes into growing a profitable business! In a way, I fell into developing the business rather than setting up a clear business plan and structure about how I would grow over the years. To grow a company, you must dedicate a large amount of time and vision into the business, which is essentially your baby. Writing a business plan is so important so you have a clear view of the path you will take.

I feel a lot of doctors and nurses go into Aesthetics to make a bit of money on the side; however, developing a functioning business takes weeks, months, and years of getting to grips with not only delivering a great service but also having an understanding of the finances and marketing behind it all. I have overcome this challenge by taking on a business partner whom I've been able to soundboard ideas off and having fantastic staff members that have grown with me over the years and contributed to the developing business.

What do you like the most about working in Facial Aesthetics?

I love meeting new patients from different walks of life every day. They come through the door with a common desire to improve their skin and overall

well-being. I enjoy offering a variety of different treatments that can help these patients, and they walk out with a smile on their faces. Often, patients have been struggling with skin problems for many years. Being able to offer clear and honest advice in a very understandable and approachable way and provide solutions gives me a lot of satisfaction.

What is your favourite treatment to provide?

My favourite injectable procedure is the nonsurgical rhinoplasty, as just administering a very small amount safely down the nasal bridge can be life-changing for patients. Only a tiny amount is needed and often under half a syringe (0.5 ML), and it can make all the difference to these patients, that are often quite young. The youngest rhinoplasty patient I have treated is 20, and the average age is around 25-26. I love counselling them on the treatment, ensuring they're happy with going ahead with it and offering lovely results.

Three tips you'd give to someone considering starting in FA:

1. Get started with injecting straight away after completing your courses if you feel confident. This ensures that you continue developing your skills and feel more competent in offering the treatments and learning from the outcomes.
2. Continue with your training and learning. It's always important to take on new courses, read articles to develop your skills and knowledge further, and ensure that you offer the safest possible procedures to your patients.
3. Always stay in touch with colleagues you meet through your career in aesthetics. It will be these people that you can turn to for support and advice if you have any challenges, complications, or business questions. Starting up in aesthetics can be lonely at the beginning until your team grows. I am a member of an invaluable support group on Facebook called Peak Performances that have helped guide me through the difficulties of owning a business. I suggest setting up a support WhatsApp group with the people you meet, especially on courses like Interface. It will be amazing how much you can all learn from each other and the value you can get from developing good friendships in the industry over the years- 'Your net worth is your network.'





Dr Jordan Faulkner

BMBS BMedSci

Junior Clinical Fellow across

Surgical Specialties

Allo Aesthetics

The decision to embark on a career in facial aesthetics was something that I long considered. Whilst I recognised that the field provided an opportunity to have more autonomy and express my individuality, compared with my day-to-day NHS work as a junior doctor, I was always hesitant due to some of the more extreme cases that are seen in the media. These cases of irresponsibly placed filler, leading to an unnatural look or even 'alienisation' of facial features were something I certainly wanted no association with. After some research and discussion with other doctors practicing in facial aesthetics, it became clear to me that when administered by responsible, trained individuals, the use of dermal fillers and anti-wrinkle injections can be life-changing for patients, improving their perception of ones self, their confidence and even their mental health. With this in mind, I believed that I could have a positive impact in the field, and so I began looking for courses with a clear priority for patient safety.

I completed the foundation and advanced courses in anti-wrinkle injections and dermal filler back-to-back, on consecutive days, and commenced business soon after. I was keen to set up my facial aesthetics business, including registering the business, setting up a business banking account, and launching social media sites prior to completing the course. This allowed me to start practice as soon as possible, which I believe is a top tip for new delegates to keep the training fresh in your mind and hit the ground running.

How do you balance your current career and your new career in facial aesthetics?

For me, my surgical career is always my priority, and life is very busy as a result. The benefit of running my own aesthetics business is that I can increase or decrease my activity on social media etc., which directly affects my client stream. It is a luxury to be able to focus on my surgical career around exam time etc., and pick up more aesthetics work when I have more free time. It works perfectly!

What were the two biggest challenges and how did you overcome them?

The non-medical parts of facial aesthetics are the biggest challenge for me. Setting up a business is a multi-faceted task. I begun with social media sites, as they are free and easy to use. Then once I had generated enough revenue to warrant it, I hired a website developer who helped me massively.

What did you like the most about training with Interface Aesthetics?

The most important thing for me when browsing aesthetics training providers was their focus on safety. There is not enough regulation in the field, and that is clear. Therefore I sought a provider that is taught by a maxillofacial surgeon (Dr James Olding), who only provide teaching to medically trained personnel. I spoke with Dr Olding himself and he confirmed that training would include management of complications including dissolving of filler in the case of vascular



occlusion. This was of utmost importance to me, as I knew that unless I knew I was equipped to deal with any possible emergency appropriately, it would be irresponsible to treat a patient with dermal filler or anti-wrinkle injections.

How important was training with Interface Aesthetics to your success?

I cannot overstate that Interface Aesthetics were vital to me becoming the facial aesthetics practitioner I am today. I have recommended their courses to multiple colleagues who have gone on to practice, and I was thrilled when, in 2021, Dr Olding set up the Interface non-surgical rhinoplasty (NSR) course, because I didn't want to be trained by anyone else. I was one of the first delegates on this NSR course which has enabled me to further grow my profile and practice.

What is your favourite treatment to provide?

The most satisfying for me is cheek filler. It is a treatment that clients don't always directly ask for initially but following consultation, they are keen for a treatment that turns back time on age-related volume loss, as opposed to changing the structure of their face. Clients tell me they feel fresher in the morning, have reduced eye bags, and feel like they are 'glowing'.

Three tips you'd give to a doctor

considering training in Facial Aesthetics:

1. Choose a course that will equip you to deal with complications
2. Choose a course that is ethical in its approach
3. Set up the business side of things first and start as soon as you can after you pass the course to avoid getting rusty or nervous!



A woman with long dark hair, wearing dark blue medical scrubs with a light blue V-neck trim, is looking down with a slight smile. A red stethoscope is draped around her neck, and she is holding the silver binaural part of the stethoscope in her right hand. The background is a plain, light grey.

–
Improving
standards
begins with
comprehensive,
evidence-based
training
–

INTERFACE AESTHETICS IN A NUTSHELL

- Surgeon-led
- Unrivalled level of hands-on experience (groups of 4 delegates over a full day of practical training)
- Strong campaigner for a safer and better regulated industry
- High level of quality assurance being one of a handful of providers of the VTCT Level 7 Diploma in Cosmetic Injectables
- Multi-award nominated
- Proven track of trainees into independent practice



PART 5

YOUR PATHWAY INTO FACIAL AESTHETICS

The importance of Ethics and Quality in training

At Interface Aesthetics we are able to offer the highest standard of training because of our experienced and diverse team, with expertise amassed over many years of experience in facial aesthetics. Our faculty of trainers and coordinators have been brought together under the banner of Interface Aesthetics, all having made a commitment to safe and ethical aesthetic practice, and to the promotion of improved standards in aesthetics at both individual and populational levels.

Improving standards begins with comprehensive and evidence-based training, and in addition to adhering to current guidance on aesthetic practice, at Interface we are actively engaged in campaigns for stronger regulation of the aesthetics industry. Our ethos is based on a strong commitment to training competent,

ethical and industry-aware practitioners, equipped for the future changes we anticipate over the next few years in aesthetics.

We are proud to boast a diverse team of doctors, dentists, surgeons and non-clinical staff, with a base of expertise, qualifications and experience that places our faculty at the forefront of contemporary non-surgical aesthetics.





How Interface Aesthetics can help you

Our Botox® and Dermal Filler training courses for dentists have been created to ensure that our delegates go on to become confident and competent to practise medical aesthetics independently. Whether it is learning how to administer Botox® safely and effectively, or to provide dermal filler treatments which subtly rejuvenate and volumize an ageing face, Interface Aesthetics places hands-on training at the centre of all our Botox® and dermal filler training courses.

Whether you are starting out in dental practice and looking to diversify your skillset, or if you are an established aesthetic dentist seeking to progress in your training, Interface Aesthetics has a selection of CPD-accredited training courses to meet your individual learning needs.



A man is lying down, receiving a facial treatment from two medical professionals. One professional, wearing a blue mask and gloves, is injecting a substance into the man's forehead. The other professional, also wearing a blue mask, is assisting. The man is wearing a black t-shirt and a black watch. The background features a large circular light fixture and a table with two glass bottles, one of which is labeled 'Marlin'.

The Interface Pathway



The VTCT Level 7 Diploma in Cosmetic Injectables

The Level 7 is the 'Gold Standard' Diploma in Cosmetic Injectables in the UK. It is academically accredited, OFQUAL regulated and externally quality assured, offering a robust qualification spanning over a longer period. We're one of only a handful of academies able to offer it, having undergone a series of rigorous steps to do so. The pathway comprises a number of steps and is fully flexible, fitting around your work or study. Choosing a regulated qualification, which has been created in conjunction with the regulatory bodies involved in drafting HEE guidelines, means Level 7 Diploma holders will be best placed moving forward as the industry continues to expand and becomes more regulated.

There are 4 stages to this PG Dip qualification:

1. Theoretical learning and completion of written assessments
2. Foundation Course – initial hands-on injecting day
3. Clinical Mentorship – build a 40-patient portfolio
4. Final Practical Assessment – filmed and sent for external marking

Typically, this qualification is taken over 6-18 months, and is easily fit around full-time work or study.



Foundation Course

The Foundation Course is the first step for any healthcare professional looking to move into the medical aesthetics industry. It can be taken as a stand-alone course, or as the initial stage of the OFQUAL-regulated Level 7 Certificate in Injectables. All Interface Aesthetics courses are delivered by doctors working in facial surgery and aesthetics, and our Foundation Course will introduce a competency-based approach to learning in medical aesthetics to ensure you feel confident to continue your training and practice after successful completion of this stage.

Continued mentorship and support following a training course is often neglected in aesthetics training. For this reason, at Interface Aesthetics we have pioneered a follow-up mentorship scheme providing monthly webinars and access to educational resources, as well as bringing each graduating delegate into our growing alumni community. All delegates are automatically enrolled onto this post-course mentorship scheme, ensuring that learning is truly a process, rather than simply an event.

Techniques:

Upper Face Botox®

- Forehead
- Brow
- Eyes (crow's feet)

Dermal Fillers

- Lip augmentation
- Nasolabial fold
- Marionette Lines
- Cheek bone augmentation





Advanced Course

On the Advanced course you will have the chance to build on the main techniques taught from the Foundation Course. The Advanced Course will increase a delegate's repertoire of techniques, and there will be a strong emphasis on independent facial analysis and decision making. This course can be taken in conjunction with the Foundation Course over a weekend, or with a time interval.

Techniques:

Advanced Botox®

- Neck – Platysma
- Jaw slimming/teeth grinding – Masseter
- Brow lift
- Bunny lines
- Lower Face – Mentalis, Depressor Anguli Oris (DAO)
- Chin – Mentalis
- Gummy smile
- Hyperhydrosis - underarm sweating

Advanced Dermal Filler (including training in use of cannulas):

- Cheek augmentation
- Jaw line contouring
- Chin augmentation
- Peri-oral region and smoker's lines
- Tear trough (under-eye bags)

Masterclass

Non-Surgical Rhinoplasty (NSR)

Our NSR masterclass is led by Director Mr James Olding, and consists in theory that is heavily anatomy-focussed, coupled with hands-on injecting with patients under supervision, with a stepwise anatomical approach to assessment and treatment using hyaluronic-acid based dermal filler. Treating the nose non-surgically is becoming increasingly popular, with greater emphasis on less invasive treatments and more accessibility.

This masterclass provides dedicated training in this complex area of facial aesthetics, with a focus on the most recent advances in products and techniques. Delegates will move beyond the techniques taught on Foundation and Advanced courses, with discussion of common pitfalls encountered. The emphasis will be on hands-on practical training, with patients hand-picked to provide injecting opportunities for delegates

Masterclasses

Full-Facial Treatments

Holistic facial aesthetic treatments must factor in every layer of the face: skin, fat, muscle and bone. Our masterclasses in Facial Harmonization & Biostimulators (Skin Boosters) have this principal at their core, focussing on treatments which address patient concerns in a holistic way.

Our masterclasses are:

- Facial Harmonization
- Biostimulators (Hyaluronic acid, Calcium Hydroxyapatite)





Foundation Refresher Course

This course has been created to provide an additional layer of support post-training to our delegates following a Foundation Course. For delegates not undertaking the Level 7 Diploma (where multiple face-to-face days are included as standard), returning for an additional 'refresher' day may be just what is required to further boost injecting confidence, especially where they may have been an interval between the initial course and starting injecting. We created this course following the COVID-19 lockdowns, which left some of our recent Foundation graduates spending months without being able to put their newly acquired skills into action.

This course may be suitable for you if you have taken a Foundation Course with us, and would like an additional Mentorship day in a small group format. All training is led by our highly experienced trainers, with live models for the entirety of the day.

One-to-one Training

We also offer bespoke, one-to-one training sessions for practitioners looking to progress more rapidly, or to focus on specific areas in accordance with the learner's needs. These training sessions can be discussed on an individual basis with one of our expert aesthetic trainers.

Our courses are carefully designed by a body of experts in the industry to provide you with the best training and the latest in cosmetic injectables at any level of expertise. If you feel that Facial Aesthetics is right for you, speak with one of our knowledgeable course advisors who will be able to guide you through our whole range of courses and help you decide your pathway into the industry.





The Time is Now!

Whether you are looking to add diversity to your existing role in the NHS, plan a career change, or simply expand your skillset, Facial Aesthetics provides an excellent career in an exciting and growing industry.

Whilst in the past aesthetics treatments like Botox® and fillers were associated with celebrities, a seismic shift in the awareness of and accessibility to such treatments has driven exponential growth in this industry and this is set to continue.

In addition to the financial benefits of entering this large and profitable industry, the professional and personal advantages to working in aesthetics also deserve consideration. The potential for greater autonomy and flexible working hours may provide

for a better work-life balance, but one benefit often overlooked is the potential for professional fulfilment. What underpins everything in this industry is make people feel better about themselves, and you have the chance to contribute to their wellbeing in a safe and ethical way.

If you choose Interface Aesthetics to assist and guide you in the task of equipping you with the right skills to start this exciting journey, you will rest assured that you will be getting the best head start you could possibly have: our team of highly experienced clinical trainers and non-clinical staff will provide you with the unrivalled training and ongoing support to help you become a successful independent facial aesthetics practitioner.





GET IN TOUCH

We want to help **you** get started. For this reason, we are offering readers a discount on our courses.

Get in touch with us today using your e-book discount code
"E-DOCTOR2022"

and choose one of the below:

- £50 discount on the Foundation or Advanced Course
- £150 discount on the Combined Foundation & Advanced Courses
- or £250 discount on the VTCT Level 7 in Cosmetic Injectable

**Discounts are not cumulative*

Click to book a call
contact@interfaceaesthetics.co.uk
Call us now: 0203 280 8666

**THE
JOURNEY
BEGINS
HERE!**

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