



GETTING STARTED IN FACIAL AESTHETICS

A GUIDE FOR NURSES & MIDWIVES

INTERFA~~C~~E
AESTHETICS

interfaceaesthetics.co.uk

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The ability to forge your own career path on your terms



Dr James Olding
Director

Facial aesthetics is an innovative, exciting and rapidly growing area of clinical practice. The potential to positively impact the lives of patients in a specific and important way – improving self-esteem and addressing age-related concerns – makes this field especially rewarding as a healthcare professional. The industry is full of healthcare professionals with diverse stories of training and practice, and this is part of the beauty of working in facial aesthetics – the ability to forge your own career path on your terms. I am Specialist Registrar in Maxillofacial Surgery in the NHS, and I am also a cosmetic injector with a large patient base built up over recent years. I have colleagues with similar dual careers, and I also have countless others who have decided to move full-time into aesthetics; often a result of enjoying the clinical work and finding great professional and financial success in the area. The future of this industry is bright, and increased demand across demographic groups coupled with tighter regulation that favours safe, healthcare-delivered treatments, mean that nurses and midwives are perfectly placed to explore, enter and advance in this fascinating specialty.

PART 1

AN OVERVIEW OF FACIAL AESTHETICS

What is Facial Aesthetics?

Facial Aesthetics is a broad definition that includes all types of non-surgical cosmetic treatments which aim to reduce the signs of ageing and give a natural and fresh look to the face. They are a great alternative to invasive surgical treatments providing results with very little to no downtime and often at a fraction of the cost. Non-surgical aesthetics is a multi-billion pound industry which continues to grow at pace, and registered healthcare professionals are placed to benefit from imminent tightening of regulationn the UK.

Whilst medical-grade skincare, acid peels, lasers and radiofrequency are also popular and highly-effective facial aesthetics procedures, clinically-safe injectables are the treatments that provide the most dramatic results, often with immediate or very rapid results. Aesthetic practitioners must possess a mix of dexterity, analytical skills, and artistic flair. Whether it is learning how to administer Botox® safely and effectively, or to provide dermal filler treatments which subtly rejuvenate and volumize an ageing face.



Intrinsic and Extrinsic Skin Ageing

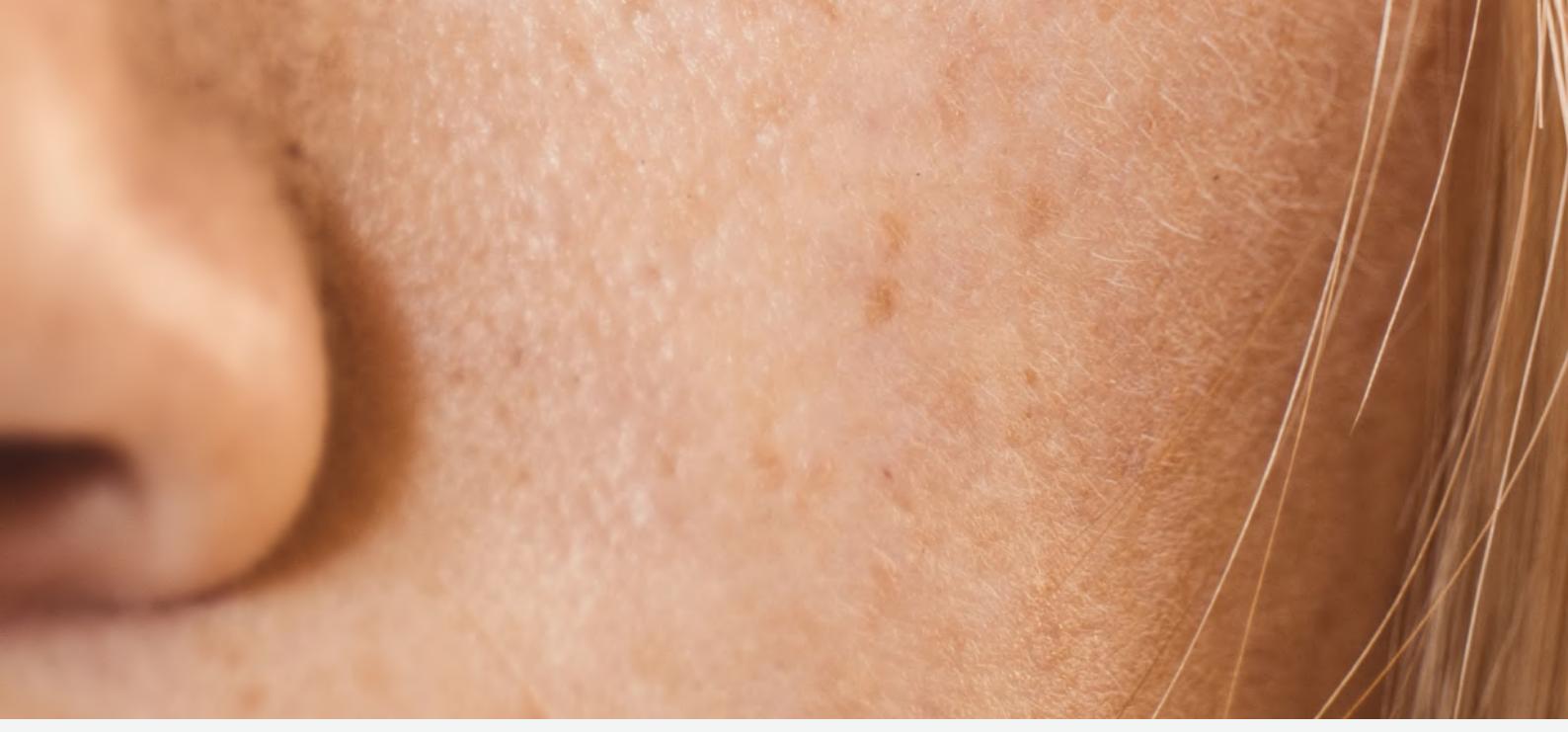
Ageing is a normal and ubiquitous process. Signs of ageing are often most visible on the skin, and these may include wrinkles and sagging. We have previously discussed ageing in reference to the tissue involved (bone, fat, skin) and the processes in each of these (eg: volume loss). We will now pay closer attention to the ageing process and skin.

Signs of ageing in the skin include:

- Skin looks thinner and paler, and translucent (thickening of stratum corneum, reduction of dermal collagen reduction in hyaluronic acid, reduced number of melanocytes)¹¹
- Skin becomes pigmented with spots (liver spots/ lentigo, especially in sun-exposed areas)
- Reduced skin strength and elasticity
- Haemangiomas and purpura (fragile blood vessels and vasodilation in dermis)
- Dry and itchy skin (reduced sebaceous gland activity)
- Increased skin fragility (thinning of subcutaneous layer/fat)
- Formation of static rhytides

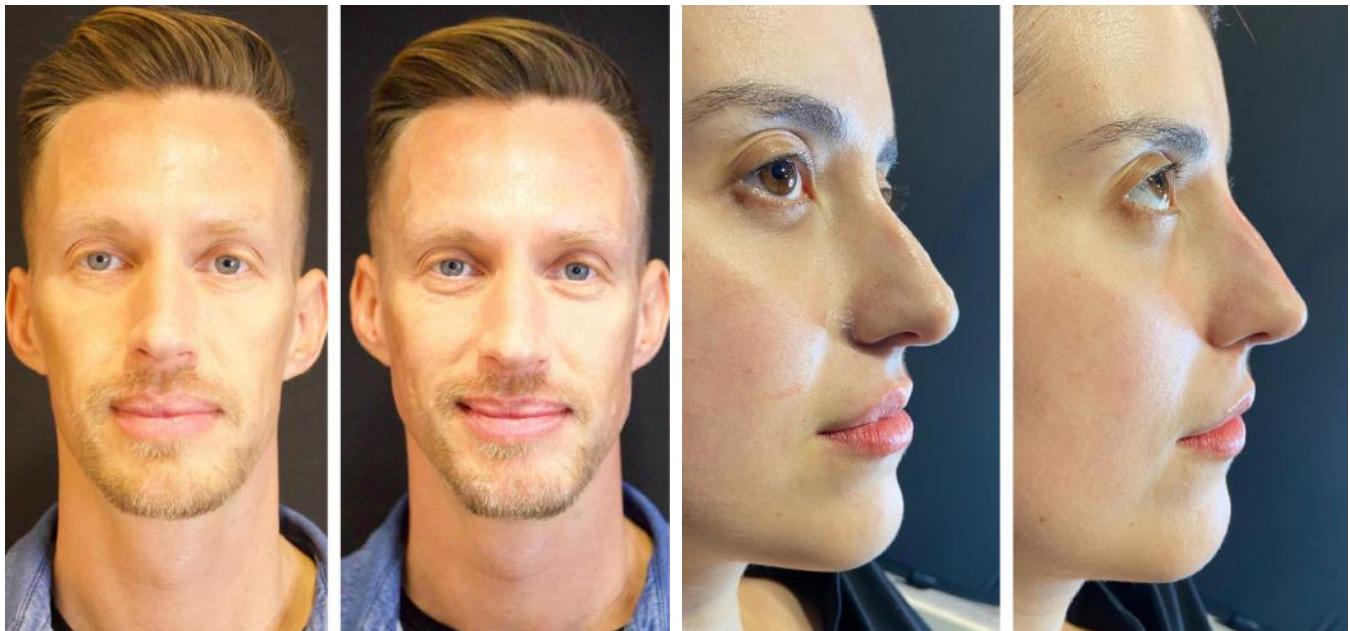
The **Glogau Scale** is a visual analogue scale used to assess photoageing.

Group	Age	Skin Characteristics	Type 1	Type 2	Type 3	Type 4
Type 1 Early Wrinklers	20s - 30s	Early photo-aging, mild pigment changes, minimal wrinkles, no 'age spots'				
Type 2 Wrinkle in Motion	30s - 40s	Early to moderate photo-aging; appearance of smile lines; early brown 'age spots'; skin pores more prominent; early changes in skin texture				
Type 3 Wrinkles at Rest	50s & older	Advanced photo-aging; prominent brown pigmentation; visible brown 'age spots'; prominent small blood vessels; wrinkles even at rest				
Type 4 Only Wrinkles	60s or 70s	Severe photo-ageing, yellow-grey skin colour; prior skin cancers; pre-cancerous skin changes actinic keratosis; wrinkles everywhere				



What are the types of
cosmetic injectables and
how do they help
in ageing?

- **Botulinum toxin (Botox®):** Certainly, the most widely-known type of facial aesthetics treatment, Botox® is a purified form of the botulinum toxin that is obtained from bacteria. It works by blocking nerve signals in the muscles where they are injected. By selectively paralysing facial muscles, it can smooth out wrinkles and give the patient a well-rested, fresh appearance.
- **Dermal fillers:** These are substances designed to be injected beneath the surface of the skin to add volume and fullness. There are different types of substances used but by far the most popular is hyaluronic acid. Brands of filler include the Juvederm® range, used on Interface Aesthetics training and globally known and well-regarded.
- **Biostimulators** and others: colloquially known as skin boosters, these popular treatments stimulate the body's own production of collagen and elastin in the medium to long term, and are used to treat skin issues such as laxity and fine lines.



Above left: Full facial harmonisation

Above right: Non-surgical rhinoplasty

Right: Lip augmentation



Types of Procedures

Deciding how to treat a patient with a specific concern is one of the most important skills in medical aesthetics. This depends on knowledge of the products available, an in-depth understanding of facial anatomy and the ageing process, as well as a degree of artistic flair. The most requested procedures (eg: lip filler) are taught on a Foundation Course in Botox® & Dermal Filler; the entry level course for healthcare professionals.

As you progress as a practitioner, you can offer your patients a broad array of advanced treatments for the upper, mid- and lower face, as well for functional concerns including non-facial areas (eg: under arm Botox® for sweating). Integration of the two key modalities of toxin and dermal filler will be central to progression in your career in aesthetics. At an advanced level, practitioner will also be able to understand the best indications for the use of cannulas. Developing your 'eye' for aesthetics takes time, and at the most basic level advanced facial analysis is central to providing a holistic approach in facial harmonisation.



PART 2

BECOMING AN AESTHETIC NURSE

Who can currently be an injector?

Put simply, legally anyone can train and practice in Aesthetics. However, in terms best practice guidance - as published by Health Education England – there is a list of healthcare practitioners who should be permitted to perform aesthetics, which includes: doctors, dentists, nurses & midwives.

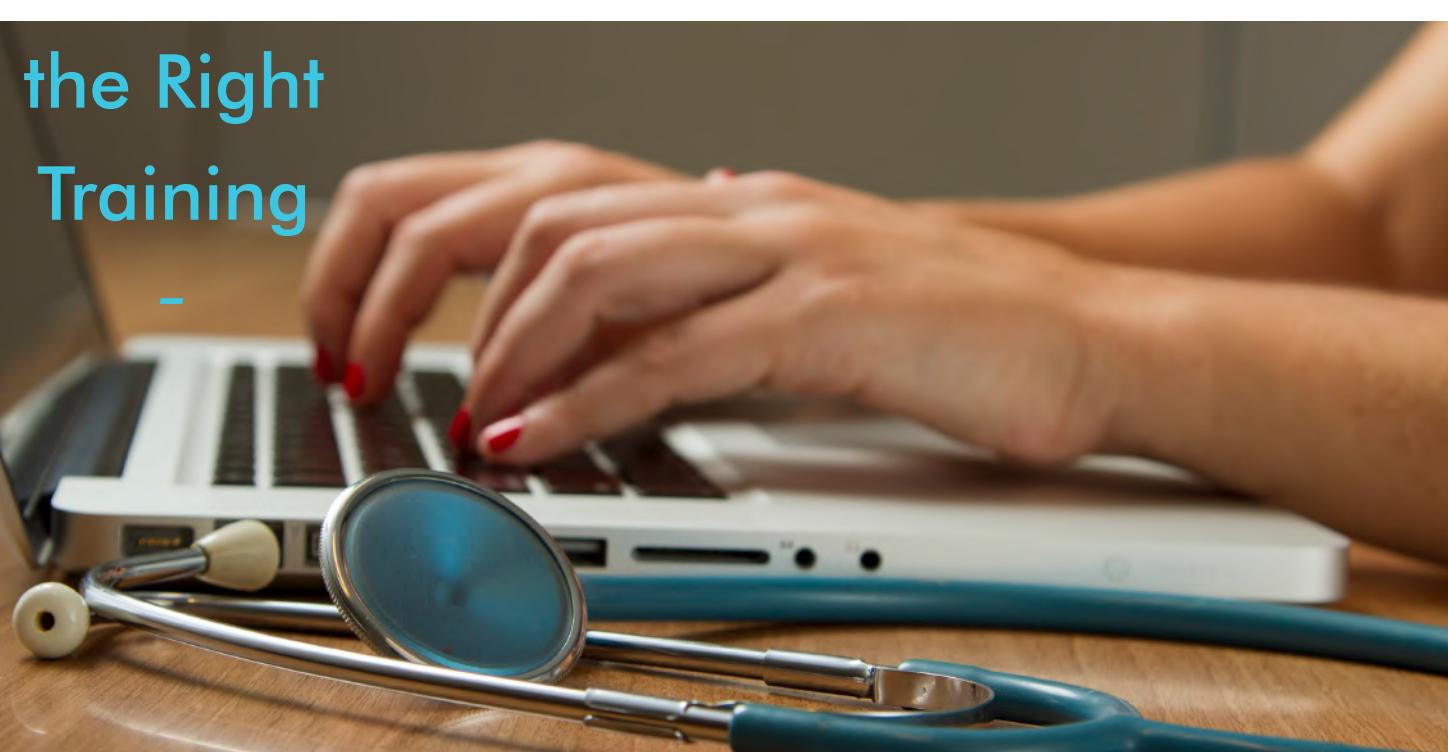
At Interface Aesthetics we are leading campaigners for an industry that is safer for patients and fairer for practitioners. For that reason, we exclusively train registered Doctors, Dentists and Nurses as we believe these professionals are best equipped with the anatomical knowledge needed to perform the procedures as well as to best recognise and deal with complications.



How do I become
a practitioner?

First and foremost: the Right Training

First and foremost: the Right Training. Your training should equip you with the knowledge and skills to achieve confidence and competence in this exciting and dynamic field. You should have a high level of hands-on experience supervised by a very experienced and qualified trainer. Training courses in Botox® and dermal fillers can vary widely in their content, detail and delivery, so it is extremely important for you to do your due diligence before choosing a trainer provider.



COMMON PITFALLS

- Not starting injecting straight after your course
- Poor training
- Not taking an accredited course
- Lack of a support network or mentor
- Not updating your skills



The Importance of Due Diligence:

**A few questions to ask when choosing
a trainer provider**

Who are the trainers?

The trainers should be well-experienced and fully qualified, registered healthcare professionals.

Does the academy use live models or mannequins?

Dolls and people are not equal, so make sure that the academy offers real model patients.

What is the level of hands-on training they offer?

A One-Day Course with half-day practical experience won't give you the confidence you need to start independently. When it comes to hands-on injecting and patient cases, the more, is definitely the merrier!

Is the academy fully accredited?

Not all academies have the same level of accreditation and recognition. You should go for a provider who offers the Level 7 Diploma, as they will have to adhere to robust guidelines with a high level of external quality assurance.

Do they have good reviews?

Can they demonstrate a proven track of trainees going into independent practice? Check their social media, their reviews on Google or Trustpilot. Why not reach out to a past delegate? They will be able to provide the best feedback!

Do they offer ongoing support?

As you go into your private practice, it is important to have the support of mentors or a group of peers during your first steps





BENEFITS

- Greater Autonomy
- More Flexibility
- Financial Reward
- Professional Development
- Skill Diversification
- Can be an adjunct to NHS work or a new full-time role
- Potential to positively impact this new industry (patient safety, research)
- Ability to positively impact the lives of patients and improve self-esteem
- Leadership opportunities



PART 3

FROM NHS NURSING TO FACIAL AESTHETICS

Why should nurses consider a career in Facial Aesthetics?

Aesthetic nursing is a growing, diverse and exciting area within healthcare practice. As the aesthetics industry has expanded, demand for medical professionals who are able to provide treatments with Botox® and dermal fillers has risen year on year, with a wider acceptance of such treatments by all demographic groups in society.

Non-prescriber nurses in Facial Aesthetics

Botox®: Botulinum toxin is a prescription-only medicine therefore a prescribing healthcare practitioner must be involved in the process.

Options:

1. Buddy up with a prescriber
2. Use a prescriber service
3. Become a prescriber yourself (via a V300 course)

Choosing a training provider that has trained many nurses and midwives, and that is able to provide information on prescribing services is of great importance – this will ensure that you can start practising as quickly as possible.

Dermal fillers: these are considered medical devices – there are currently no prescriptions involved.



PART 4

SUCCESS STORIES



Julie Scott
Injectables Trainer
at Interface Aesthetics

I am an NMC registered Independent Nurse Prescriber and Level 7 qualified aesthetic injector and trainer with over 25 years experience in the field of plastics and skin rejuvenation.

I began my career as a plastics and reconstructive nurse at leading NHS hospitals and worked as the clinical nurse specialist for a renowned group of London plastic surgeons. In 2003, I opened my own clinic and since then have grown Facial Aesthetics Ltd. to a successful aesthetics clinic providing wide ranging therapeutic techniques for skin ageing and dermatological skin conditions.

Having decades of experience administering the highest quality aesthetic injectables, I am excited to have been chosen as an Injectables Trainer for Interface Aesthetics, combining my passion for teaching with my passion for promoting safety within the aesthetics industry.

- Registered General Nurse (RGN)
- Independent Nurse Prescriber (NIP)
- Level 7 Diploma in Advanced Aesthetic Injectables
- Member of the ZO Skin Health Faculty
- Advanced botulinum toxin and dermal fillers injector
- Injectables Trainer for Interface Aesthetics

Why you chose facial aesthetics?

Firstly, it's important to note that when I entered aesthetics almost 20 years ago, the industry wasn't anything like it is now. The prospect of entering this field as a nurse seemed like an amazing opportunity

because at the time, only doctors and surgeons were dabbling in Botox®. That side of things excited me that it was an area of practice that hadn't been explored by nurses.

Moving over to facial aesthetics allowed me to become more autonomous and was a really natural progression from all my years experience in plastic surgery. My last clinical post in plastics was more closely linked with cosmetic surgery, and that's when I became very interested in the face specifically. One thing that really struck me during this time was that if a patient had an altered body image or disfigurement due to trauma, their body image could affect them in a very negative way. Sometimes the smallest of changes, whether with a surgeon's scalpel or a little bit of botulinum toxin, can make an incredible difference to one's self confidence. So I wanted to specialise and become autonomous, but the core of it was that I wanted to help and make a positive difference.

Your path from NHS nursing to facial aesthetics

I took a slightly different path into aesthetics, as I wasn't in the NHS when I decided to make the transition. It wasn't a conscious decision to leave the NHS, but whilst working at the Royal Free as their Clinical Nurse Specialist, one of the leading surgeons at a private practice, Peter Butler, had seen my work and created a role for me at the private Princess Grace Hospital. At the time, he was heavily involved with face transplants, and because cosmetic plastic surgery was an area I hadn't explored due to working in trauma for so long, I instantly became interested in



the intricacies of facial rejuvenation. I worked there for two years and during that time, I did all my aesthetics training, and worked alongside the surgeons and two other established aesthetic nurses. This was a fantastic way to consolidate my learning before making the step to leave a clinical nursing post, and start out on my own.

I mention that my path to aesthetics was atypical because my 14 years experience in plastics gave me the perfect background to enter this field, but now, everyone seems to be going into aesthetics, and I worry sometimes some people do it for the wrong reasons. Ask yourself - do you have a passion for this field? What's your motive for entering aesthetics? It shouldn't just be for money; it should be something you have a real love for.

What were the two biggest challenges you had to overcome?

The first challenge I had to overcome was getting sufficient training. When I started in aesthetics, there were no forums or mentorship, and the training courses were all run by the filler companies, so you can imagine how biased they were. Now, choosing training is like going into a sweets shop, because there is so much choice - but not all of it is good. You have to choose carefully and make sure the training academy is of the highest standard, offering learning options from shadowing through to Level 7, such as Interface Aesthetics.

The other big challenge was working in isolation. Having to suddenly single-handedly manage a clinical practice and patient expectations but also having had no experience in business was a big learning curve for me. Having a mentor and support network would have helped massively, and it's something I'd recommend to anybody starting out in this industry!

One thing you wished you knew when you first started?

On reflection, I wish that in my early days I realised that I had an "ideal patient" or "niche." For example, my niche is 40+ and wants subtle enhancements. When you know who your ideal patient is, this helps you build your practice by specifically attracting those patients and providing the level of care and support that this demographic requires. Understanding that you're not going to be everybody's cup of tea is

crucial in carving a place for you as an individual within aesthetics. It's a very saturated market, and you can't please everybody, so it's best to find your niche and grow from there.

What do you like the most about working in Facial Aesthetics?

Whilst I love the clinical skills required to be an aesthetics practitioner, what I love most about this job is when you can enhance and make a patient feel better about themselves. This is priceless and really makes my job worthwhile. Patients will often come into my clinic feeling vulnerable, inadequate, and incredibly confused around the variety of treatments out there. For me to be able to educate, instill confidence and most importantly clinically bring a positive change, is a joy and a privilege.

What is your favourite treatment to provide?

To choose one treatment amongst so many that I offer is incredibly hard. I don't have one standalone favourite, however, I do find rejuvenation around the mouth area to be incredibly gratifying. I'm not talking about just enhancing a person's lips, I'm talking about a multifaceted approach, including replacing lost volume, improving perioral lines, giving support and volume back to the structure of the vermillion border, and then finishing with subtle hydration and augmentation in the lip. The confidence the happiness that this can bring to patients is priceless and this is why it's one treatment that I love to do (amongst many others).

Three tips you'd give to a nurse considering starting in FA:

Firstly, go into aesthetics for the right reasons and not the wrong ones. It has to be your passion and not a means to an end. Secondly, ensure that you get excellent training, but also excellent support after training. For example, if you can enrol in some type of mentorship scheme to have ongoing clinical supervision, this will benefit both you and your patients. Lastly, master one skill really well before moving on to others - don't feel pressure to become an expert in everything from the off. Run your own race and have confidence in your skills and what you have to offer for your patients.





Sophie Kelleway
Midwife and past delegate

My name is Sophie Kelleway. I am a registered midwife, Senior Project Manager in the NHS and now owner of my own aesthetics business 'Aesthetics With The Midwife'.

I chose facial aesthetics because I felt the need for more in my career and wanted something to call my own. Facial aesthetics always appealed to me but the time had never been right before now.

Prior to commencing my aesthetics career, I had practiced in England and Australia as a midwife before heading into a Monday-Friday role as a project manager. This provided me with the opportunity to maintain clinical practice in my own time as well as the stability of the 9-5 lifestyle meaning I could finally commit to making my own business work.

I would be lying if I said it was easy to balance my career and my business, but I find setting time aside every week to focus on the business, creating goals, content and catching up on any administrative tasks. I also set myself a limit with clinical overtime of two shifts a week maximum leaving 5 evenings and at least one full day to run clinics. I set out from the beginning allocated time slots and days/evenings I will work to enable time for myself still which fluctuates but on the whole works well.

What made you want to enter facial aesthetics?

I wanted a side business that was relevant to me, revolved around helping others and I could use

the skills I already had as a foundation to it without needing to start from scratch in a whole new venture with no knowledge on the subject.

What were the two biggest challenges and how did you overcome them?

Obtaining training was easy enough after researching, but after qualifying I found the whole process of finding a prescriber who was local, trustworthy and fair in price quite challenging. However through the network I had already started to build I was able to find multiple prescribers for multiple areas in the country to suit my client's needs.

The second challenge I found the hardest was not feeling guilty for charging clients enough for you to make a profit. At first I ran a discounted pricelist to enable me to build a clientele and consolidate my practice as Covid had hit when I qualified, I had a 4 month period of not being able to get hands on so I really appreciated the ability to practice without the pressure of the amount I was charging my clients lingering over me. To this day I know I am not expensive, but it is something I still sometimes feel guilty about, but I have to remind myself that my time and skillset is valuable too and aesthetic products are not cheap.

What did you like the most about training with Interface Aesthetics?

I loved how Interface Aesthetics acted quickly and efficiently in the pandemic and changed the face to face teaching on anatomy and physiology to





Melanie Chang

Registered Nurse and past delegate

I don't see it
as work
because
I love what
I do

virtual and ran it in multiple sessions which not only allowed us all time to consolidate what we had learnt and revisit it at any time we wanted a refresher, but allowed for the face to face training day to consist of more models and hands on practice.

How important was training with Interface Aesthetics to your success?

I chose interface because their values resonated with me and I loved what they stood for. I instantly felt safe and valued by the team and had no issues in raising any concerns I had.

I didn't realise how valuable they would be to me after qualifying, I have since joined the JTMS programme which has been invaluable to keeping me up to date and further developing my network.

What is your favourite treatment to provide?

I love to carry out Tear Trough treatments. There is something so satisfying about it. A lot of practitioners fear this treatment but the training I received made it such a positive experience, I've never felt anything but joy when a client asks for it.

Three tips you'd give to a nurse considering training in Facial Aesthetics:

1. Do not underestimate the power of social media- I built up my following whilst in lockdown, unable to practice.
2. If you can get your prescriber qualification... do it
3. Ensure you can make time and put things in place to prevent constant messaging from clients when you are on shift such as automatic replies on your inbox.



Natalie Bloomfield

Registered Nurse and past delegate
@bloomfield.aesthetics

Interface
were friendly,
approachable
and the
training day
was fun



Improving
standards
begins with
comprehensive,
evidence-based
training

INTERFACE AESTHETICS IN A NUTSHELL

- Surgeon-led
- Unrivalled level of hands-on experience (groups of 4 delegates over a full day of practical training)
- Strong campaigner for a safer and better regulated industry
- High level of quality assurance being one of a handful of providers of the VTCT Level 7 Diploma in Cosmetic Injectables
- Multi-award nominated
- Proven track of trainees into independent practice

PART 5

THE PATHWAY: HOW INTERFACE AESTHETICS CAN HELP YOU

The importance of Ethics and Quality in training

At Interface Aesthetics we are able to offer the highest standard of training because of our experienced and diverse team, with expertise amassed over many years of experience in facial aesthetics. Our faculty of trainers and coordinators have been brought together under the banner of Interface Aesthetics, all having made a commitment to safe and ethical aesthetic practice, and to the promotion of improved standards in aesthetics at both individual and populational levels.

Improving standards begins with comprehensive and evidence-based training, and in addition to adhering to current guidance on aesthetic practice, at Interface we are actively engaged in campaigns for stronger regulation of the aesthetics industry. Our ethos is based on a strong commitment to training competent,

ethical and industry-aware practitioners, equipped for the future changes we anticipate over the next few years in aesthetics.

We are proud to boast a diverse team of doctors, dentists, surgeons and non-clinical staff, with a base of expertise, qualifications and experience that places our faculty at the forefront of contemporary non-surgical aesthetics.





How Interface Aesthetics can help you

Our Botox® and Dermal Filler training courses for nurses have been created to ensure that our delegates go on to become confident and competent to practise medical aesthetics independently. Whether you are starting out in aesthetic medicine and looking to diversify your skillset, or if you are an established aesthetic nurse seeking to progress in your training, Interface Aesthetics has a selection of CPD-accredited training courses to meet your individual learning needs.

Nurses looking to pursue aesthetic training must be confident that the cosmetic course they choose will be suitably designed to meet their training needs. Important areas to address include the use of botulinum toxin A (Botox®), which is a prescription-only medicine (POM). Having trained many nurses who are now in successful independent practice, Interface Aesthetics understands the learning needs of our nurse delegates, including how to obtain prescription-only medicines, where to find support groups local to where you practise, as well as information on how to become an independent nurse prescriber.





The Interface Pathway

The VTCT Level 7 Diploma in Cosmetic Injectables

The Level 7 is the 'Gold Standard' Diploma in Cosmetic Injectables in the UK. It is academically accredited, OFQUAL regulated and externally quality assured, offering a robust qualification spanning over a longer period. We're one of only a handful of academies able to offer it, having undergone a series of rigorous steps to do so. The pathway comprises a number of steps and is fully flexible, fitting around your work or study. Choosing a regulated qualification, which has been created in conjunction with the regulatory bodies involved in drafting HEE guidelines, means Level 7 Diploma holders will be best placed moving forward as the industry continues to expand and becomes more regulated.

There are 4 stages to this PG Dip qualification:

1. Theoretical learning and completion of written assessments
2. Foundation Course – initial hands-on injecting day
3. Clinical Mentorship – build a 40-patient portfolio
4. Final Practical Assessment – filmed and sent for external marking

Typically, this qualification is taken over 6-18 months, and is easily fit around full-time work or study. As many nurses and midwives will not yet be independent prescribers upon starting training with us, this qualification is of special relevance, in that it supports and application to undertake a V300 course (to become a non-medical prescriber). Completing a V300 course is an excellent long-term goal to have to achieve greater independence and autonomy, and at Interface Aesthetics we are experienced in supporting NMC-registered delegates to navigate this process.



Foundation Course

The Foundation Course is the first step for any healthcare professional looking to move into the medical aesthetics industry. It can be taken as a stand-alone course, or as the initial stage of the OFQUAL-regulated Level 7 Certificate in Injectables. All Interface Aesthetics courses are delivered by doctors working in facial surgery and aesthetics, and our Foundation Course will introduce a competency-based approach to learning in medical aesthetics to ensure you feel confident to continue your training and practice after successful completion of this stage.

Continued mentorship and support following a training course is often neglected in aesthetics training. For this reason, at Interface Aesthetics we have pioneered a follow-up mentorship scheme providing monthly webinars and access to educational resources, as well as bringing each graduating delegate into our growing alumni community. All delegates are automatically enrolled onto this post-course mentorship scheme, ensuring that learning is truly a process, rather than simply an event.

Techniques:

Upper Face Botox®

- Forehead
- Brow
- Eyes (crow's feet)

Dermal Fillers

- Lip augmentation
- Nasolabial fold
- Marionette Lines
- Cheek bone augmentation

Advanced Course

On the Advanced course you will have the chance to build on the main techniques taught from the Foundation Course. The Advanced Course will increase a delegate's repertoire of techniques, and there will be a strong emphasis on independent facial analysis and decision making. This course can be taken in conjunction with the Foundation Course over a weekend, or with a time interval.

Techniques:

Advanced Botox®

- Neck – Platysma
- Jaw slimming/teeth grinding – Masseter
- Brow lift
- Bunny lines
- Lower Face – Mentalis, Depressor Anguli Oris (DAO)
- Chin – Mentalis
- Gummy smile
- Hyperhidrosis - underarm sweating

Advanced Dermal Filler (including training in use of cannulas):

- Cheek augmentation
- Jaw line contouring
- Chin augmentation
- Peri-oral region and smoker's lines
- Tear trough (under-eye bags)

Masterclass

Non-Surgical Rhinoplasty (NSR)

Our NSR masterclass is led by Director Mr James Olding, and consists in theory that is heavily anatomy-focussed, coupled with hands-on injecting with patients under supervision, with a stepwise anatomical approach to assessment and treatment using hyaluronic-acid based dermal filler. Treating the nose non-surgically is becoming increasingly popular, with greater emphasis on less invasive treatments and more accessibility.

This masterclass provides dedicated training in this complex area of facial aesthetics, with a focus on the most recent advances in products and techniques. Delegates will move beyond the techniques taught on Foundation and Advanced courses, with discussion of common pitfalls encountered. The emphasis will be on hands-on practical training, with patients hand-picked to provide injecting opportunities for delegates

Masterclasses

Full-Facial Treatments

Holistic facial aesthetic treatments must factor in every layer of the face: skin, fat, muscle and bone. Our masterclasses in Facial Harmonization & Biostimulators (Skin Boosters) have this principal at their core, focussing on treatments which address patient concerns in a holistic way.

Our masterclasses are:

- Facial Harmonization
- Biostimulators (Hyaluronic acid, Calcium Hydroxyapatite)

Foundation Refresher Course

This course has been created to provide an additional layer of support post-training to our delegates following a Foundation Course. For delegates not undertaking the Level 7 Diploma (where multiple face-to-face days are included as standard), returning for an additional 'refresher' day may be just what is required to further boost injecting confidence, especially where they may have been an interval between the initial course and starting injecting. We created this course following the COVID-19 lockdowns, which left some of our recent Foundation graduates spending months without being able to put their newly acquired skills into action.

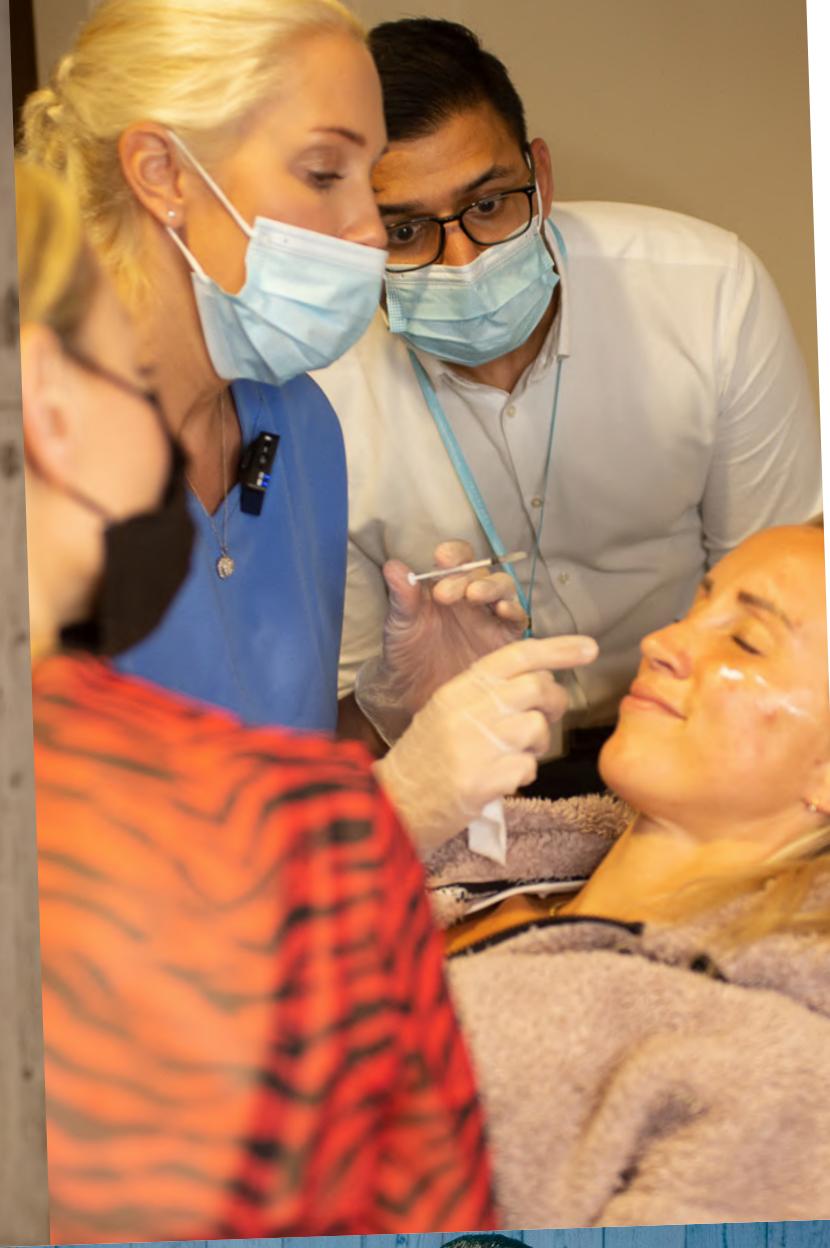
This course may be suitable for you if you have taken a Foundation Course with us, and would like an additional Mentorship day in a small group format. All training is led by our highly experienced trainers, with live models for the entirety of the day.

One-to-one Training

We also offer bespoke, one-to-one training sessions for practitioners looking to progress more rapidly, or to focus on specific areas in accordance with the learner's needs. These training sessions can be discussed on an individual basis with one of our expert aesthetic trainers.

Our courses are carefully designed by a body of experts in the industry to provide you with the best training and the latest in cosmetic injectables at any level of expertise. If you feel that Facial Aesthetics is right for you, speak with one of our knowledgeable course advisors who will be able to guide you through our whole range of courses and help you decide your pathway into the industry.







The Time is Now!

Whether you are looking to add diversity to your existing role in the NHS, plan a career change, or simply expand your skillset, Facial Aesthetics provides an excellent career in an exciting and growing industry.

Whilst in the past aesthetics treatments like Botox® and fillers were associated with celebrities, a seismic shift in the awareness of and accessibility to such treatments has driven exponential growth in this industry and this is set to continue.

In addition to the financial benefits of entering this large and profitable industry, the professional and personal advantages to working in aesthetics also deserve consideration. The potential for greater autonomy and flexible working hours may provide

for a better work-life balance, but one benefit often overlooked is the potential for professional fulfilment. What underpins everything in this industry is make people feel better about themselves, and you have the chance to contribute to their wellbeing in a safe and ethical way.

If you choose Interface Aesthetics to assist and guide you in the task of equipping you with the right skills to start this exciting journey, you will rest assured that you will be getting the best head start you could possibly have: our team of highly experienced clinical trainers and non-clinical staff will provide you with the unrivalled training and ongoing support to help you become a successful independent facial aesthetics practitioner.



GET IN TOUCH

We want to help **you** get started. For this reason, we are offering readers a discount on our courses.

Get in touch with us today using your e-book discount code "**E-NURSE2022**" and choose one of the below:

- £50 discount on the Foundation or Advanced Course
- £150 discount on the Combined Foundation & Advanced Courses
- or £250 discount on the VTCT Level 7 in Cosmetic Injectable

**Discounts are not cumulative*

THE
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HERE!

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INTERFACE

AESTHETICS



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